

TAPESCRIPT: Organic food

(You are going to listen to Diane Hall talking about organic food.)

SECTION ONE

Interviewer: Let's welcome Diane Hall, owner of the organic food restaurant, "Nature's Way". So, Diane what exactly is organic food?

Diane: Well, Emily, organic food is food that is natural. It hasn't been grown using chemicals. It has been grown using farming or gardening methods without artificial chemicals. Only natural fertilisers and no pesticides.

Interviewer: And how did you first become interested in organic food?

Diane: As a teenager, I remember going to my grandmother's house. She had a wonderful garden where she grew fruit such as apples, pears, oranges, and vegetables such as cucumbers, tomatoes, green peppers and so on. I remember picking an apple from her tree, and thinking it was delicious. When she had us over for dinner, her salads were also very tasty. She used no chemical fertilisers you see. I suppose it was from there that I became fascinated with organic food.

SECTION TWO

Interviewer: So, are fruit and vegetables the only types of organic food?

Diane: Oh, no. And I'm glad you've brought up that point, Emily, because organic food includes meat, as well as fruit, vegetables, grains, pulses and even dairy products.

Interviewer: That's interesting. I didn't know that meat and dairy products could be organic.

Diane: Well, organic beef comes from cattle that eat grass grown in soil that hasn't been treated with chemicals.

Interviewer: I see. Do you use only organic products in your restaurant?

Diane: Yes, only organic products, and we serve a wide variety of foods for different people. During the week, a lot of business people come in for lunch or a snack. In the evenings, we have a different menu for people who want a three-course meal.

SECTION THREE

Interviewer: And are you open at weekends?

Diane: Of course we are, and we offer late breakfast or brunch, as well as dinner. In summer we open the patio and have barbecues.

Interviewer: Do you find that organic food is becoming more popular, then?

Diane: Yes, it is. Most people prefer food that has grown without chemicals. They also notice that organic food tastes better.

Interviewer: I've heard that organic food is also better for the environment. Is it true?

Diane: Well, think of the chemical fertilisers and pesticides and the harm they do; they poison the soil and end up in our water. Our wildlife becomes affected and so do we. Organic means natural, which is better for us and for our planet!